



Air Neck Traction

www.AirNeckTraction.com

Air Neck Traction - Small

Neck Size: 10 - 15 in.
Rises to Max. Ht. 9.2in.

Air Neck Traction - Large

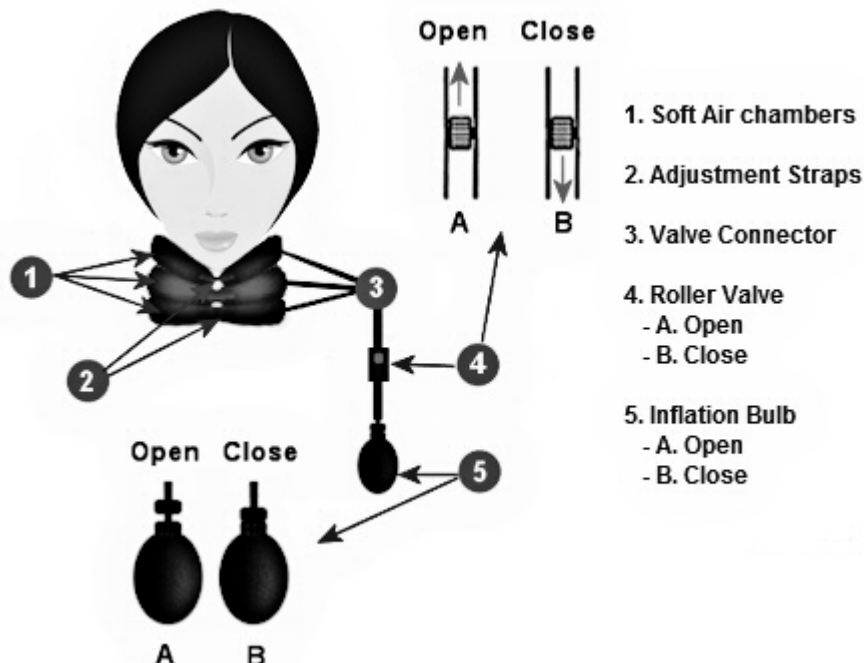
Neck Size: 16 - 22 in.
Rises to Max. Ht. 9.2 in.

The Air Neck Traction is light and portable, using a powerful dynamic neck collar with a wide range of traction. Constructed of strong inner latex chambers and comfortable fabric covers. Available in 2 sizes.

The Air Neck Traction system is indicated for muscle tension and tightness, neck pain, osteoarthritis, pinched nerves, tension headaches, disc problems, and degenerative discs or joints. Consult a medical professional in the case of preexisting conditions.

Air Neck Traction is an air-pressurized neck traction product that enables you to care for yourself anywhere life takes you. It is a popular air operated device for neck traction made with soft cloth contact areas for comfort. It is fully portable and easy for people on the go. By means of its several built-in air chambers, the Air Neck Traction produces a powerful yet gentle, gradual traction that is evenly distributed. It is remarkably good for older or arthritic people.

Air Neck Traction Basic Details



The Air Neck Traction is reversible so you may have the pump on the left or right side.

Within a short time, you will be familiar with the valves. The inflation valve (5) on the pump should be closed to fill with air, while the roller valve (4) should be open (pushed up away from inflation bulb). The Air NeckTraction slowly leaks air as a safety measure. To prevent it from slowly leaking air after you have reached the desired traction level, close the roller valve (4) on the tube by pulling down towards the inflation bulb (5).

Avoid sharp objects or forceful handling of Air Neck Traction during use.

Always deflate the Air Neck Traction after use. You may leave some air still in. Always store Air Neck Traction in it's protective storage case when not in use or when traveling.

The Air Neck Traction System needs no assembling and uses no electricity. The simple design makes it ideal for using where you live, where you work or when traveling. No more waiting until you get back home to obtain relief, or lying on the floor at work in order to use it, as you would with many other products.

INSTRUCTIONS FOR USE:

The Original Air Neck Traction should first be used at low pressure (low traction force) for 5 -10 minutes, slowly increasing up to 20 - 25 minutes, 2 to 3 times daily. After a session of neck traction, it is best to release the air slowly and gradually (not suddenly).

1. Put Air Neck Traction around neck with pump to either side, adjust the inflatable layers for best comfort and close with strap. First-time users should put it on in front of a mirror.
2. Make sure the inflation bulb valve (5) is closed and the roller valve (4) is opened completely before hand pumping.
3. Hand pump until you achieve the right traction angle and right amount of stretch/relief, as dictated by comfort or as prescribed by your doctor. Adjust to comfort by using the soft air chambers (1) if needed. Do Not Adjust by pulling on the tubes as this will cause damage. Adjustment is complete when comfort and relief of symptoms are attained. When optimal pressure is reached, close the roller valve (4). Do not over-inflate or pump the bulb too hard.
4. The device can be used 2-3 times a day for a maximum of 20-30 minutes each time (but only 1-3 minutes for major traction).
5. After use, open the roller (4) valve and loosen the bulb valve (5) gradually, letting air out slowly. Do not squeeze the device.
6. Begin gently with minor and medium traction, and only 1-2 times a day, then move on to major traction if comfortable. Generally, one cycle of treatment is 10-20 days. Use at your own convenience while watching TV, working on computers, reading, traveling, reclining or relaxing, etc.

7. **Caution:** Do not: Sleep with it on, Use as a neck brace, Use with recent acute, or sprain/strain injuries. Do: Use only as prescribed by your doctor if applying to serious injury. If you experience significant pain during use, discontinue and consult your doctor.

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